

2026 Lenten Calendar: As we prepare our hearts for Jesus and consider the many ways we can turn to God, here are some practices to try with your family. Don't feel like you have to participate each day & move these spiritual practices around as needed to fit your family. Just breathe deeply and find joy as you share time with your children and your Lord.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		February 17 Shrove Tuesday Make pancakes with your family. Talk about how Lent is a time to prepare for Resurrection and turn to God.	18 Ash Wednesday Place the mark of the cross on your hand/head with ashes or oil. Say, "Hear the good news: Jesus loves you and died so you may live. Repent and come to Jesus."	19 Read Matthew 17: 14-20	20 Build a prayer. Use Legos, blocks, twigs, or other items you have at home. Build your prayer to God, praying for what God wants to build in your life.	21 Bake Temptation Cookies. Talk about Jesus' temptation in the desert. Resist the temptation to eat them until tomorrow. Read Matthew 4: 1-11
22 Read today's KidzConnect story: John 6:1-15	23 Keep a prayer journal of answered prayers. You can even write them on a piece of paper on the fridge.	24 Dress in purple. Think about how purple is the color of royalty for Jesus, our King. (you could paint your nails, wear purple laces in your shoes, or purple streak in your hair too).	25 Pray, asking God for forgiveness for you and to show you who you need to forgive.	26 Read Luke 9:37-43	27 Pray for your friends at school or work. Write their names in your journal or keep them in your heart.	28 Make Resurrection cookies. Read Luke 24:1-12
1 Plan a simple meal and talk as a family about how to help the hungry, extending Jesus' table. Read Mark 8:31-38	2 Make something from items found in nature. Talk about how God shapes us and makes us new, like new seasons of the earth.	3 Surprise someone by doing a chore or task they usually do. Think about Jesus as a Servant Leader, washing the feet of his disciples.	4 Pray Psalm 23 together with your family. Talk about what it means to you. Find in your bible. Think of a way to 'treasure it up' in your heart; maybe with a song, writing it, praying it every night.	5 Read Luke 19: 1-10	6 Clean the house and fill a bag to donate to Goodwill or the Food Bank. Read about what Jesus says about acts of mercy.... Matthew 25:35-46	7 Go on a garden walk. Explain the story of the Garden of Gethsemane while you walk. Think what you would say to Jesus if He were walking with you.
8 Celebrate Jesus' open table of love. Have a love feast at home and invite a friend to come and share.	9 Write a note to someone in your church family, expressing your gratitude or hope for them.	10 Write a letter to God, expressing whatever is in your heart. God wants to hear all that you have to share.	11 Pray the Lord's Prayer with your family, using hand gestures or sign language. (Refer to your bible for details... Luke 11:1-4	12 Read Jeremiah 18: 1-6	13 Watch a Faith-based movie or show together. Or attend the Nigh of Worship	14 Remember a family member or friend who has died. Reflect on their life and what they taught you about Jesus.
15 Practice a Holy Sabbath. Give up TV and internet for the day. Read instead the story of Luke 18: 15-18	16 When you hear an emergency vehicle siren, pray for the people involved, both helpers and those in need.	17 Make a piece of artwork that reminds you of Jesus' sacrificial love. Share your art with a friend or family member.	18 Go for a prayer walk in your neighborhood. Pray for your neighbors as an act of love. If you don't know your neighbors, introduce yourself (with your parents of course!)	19 Read Luke 24: 13-35	20 Try fasting. Give up sweets and snacks for a day. Only eat your three meals	21 Challenge your family to give up complaining for a day. Encourage each other all day long. Read Philippians 4:6 Try memorizing this verse
22 Make hot cross buns. Look up the song. What do they symbolize?	23 Create something new from something old or broken to remind yourself of God as a Restorer. Read Luke 15	24 Make an Easter card for a friend or family member. Use your favorite bible verse about Jesus.	25 Do something healthy to take care of the body God gave you. Maybe drink only water, or do some yoga stretches. Read about 1 Corinthians 6:19-20	26 Find a prayer from the bible or create your own. Write this prayer on paper (or your tablet) and keep it close by.	27 Watch a Faith-based movie or show together. (Chronicles of Narnia, David, The Chosen are some to consider, depending on the age of your children)	28 Color Easter eggs. Talk about why they are part of Easter celebrations. Read Matthew 28: 5-6 Attend/Serve at Easter Eggstravaganza
29 Palm Sunday What makes you passionate about Jesus? What was Jesus passionate about? Read Matthew 5:13-16 <i>Attend the Love Feast</i>	30 Select a favorite Christian song. Listen and sing along, treasuring up the message of the song for you/ your children.	31 Clear your mind of other things and sit quietly with God. The prayer of stillness. Psalms 46: 10	1 Do a foot washing with your family. Think about how God calls us to serve each other. Read John 13: 1-20	2 Maundy Thursday Prepare a nice dinner and read /discuss the Last Supper. Read John 15:9-17 Attend Holy Thursday @ 7pm	3 Good Friday Write a letter or draw a picture for Jesus to express your love/ ask questions about what happened at the cross. Read John 19: 36-42 Attend Good Friday service at 7pm	4 Holy Saturday Plant some seeds in the ground. With your hands in the soil, remember through death, comes new life.
5 EASTER <i>"Christ is Risen; Christ is Risen Indeed!"</i> <i>Bring flowers to worship for the cross</i>	<i>6 Continue to spread the love of our Resurrected Savior to those around you each day...</i>		8 Join us for Blessing of the Animals Later this month	9	10 Join us for Family Serve Day later this month, an afternoon of serving together in our community	11